Notes: Basic First Aid (pg 417-421)

Vocab: First Aid

Life-threatening (not in the book)

CPR

Rescue breathing

Abdominal Thrusts

Chest Thrusts

A, B, C’s (5.5) are:

Airway

Breathing

Circulation

Burns

1st degree=

2nd degree=

3rd degree=

Stopping Severe Bleeding

1. Cover
2. Apply

Other Emergencies (5.5)

1. Bruises and sprains
2. Broken bones (fracture)
3. Poison