**Notes: Healthy Friendships/Relationships (pg226-235)**

**Vocab:** Friendships

Peer Pressure

Compromise

Abstinence

Peers

Refusal Skills

**Name 3 ways to be a good friend.**

**Peer pressure can be** \_\_\_\_\_\_\_\_negative\_\_ or \_\_\_\_positive\_\_\_\_\_\_\_\_\_

**Handling peer pressure**

**Effective refusal skills include:**

**Why abstain from tobacco, alcohol and other drugs?**

**Why abstain from sexual activity?**

HEALTHY vs. UNHEALTHY relationships (see handout)

Standards 3.1, 3.2, 3.9