NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

DATE:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

HOUR:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Assignment 1 Folder**

\_\_\_\_\_1. Notes health and wellness

\_\_\_\_\_2. Notes building health skills

\_\_\_\_\_3. Notes making responsible decisions

\_\_\_\_\_4. Notes mental and emotional

\_\_\_\_\_Your Health Triangle

\_\_\_\_\_Cold Hands Fast Heart

\_\_\_\_\_Keeping Bullies at Bay

\_\_\_\_\_Test Review

5pts each assignment =40 pts total

\_\_\_\_/40pts