Dahl Health **Personal Injury Story**

Directions- Use the space below to write about a time where you got injured. What happened? Did you have to go to the doctor or hospital? What type of care was given to you (band aid, cast, x ray)? What could be done to prevent this from happening to you in the future?

1. What happened?
2. Did you have to go to the doctor or hospital?
3. What type of care was given to you (band aid, cast, x ray)?
4. What could be done to prevent this from happening to you in the future?