**HEALTHY VS. UNHEALTHY TERMS**

Divide into groups of four. Each student receives a number. Each number corresponds with a list below.

On the back of this paper draw a chart. Label on side **Healthy Traits** and the other side **Unhealthy Traits**.

Read the words in your list. Write the words under the **correct side of the chart**.

After everyone is done share you chart with you group members. If there are words that someone does not know, explain it to them. If nobody knows the answer write it below you chart.

**1 2 3 4**

**LOVE**

**CARE**

**SYMPATHY**

**CHEATING**

**FULFILLMENT**

**HONOR**

**DOUBT**

**ABUSE**

**EMPATHY**

**PRIORITY**

**HONESTY**

**TRUST**

**RESPECT**

**EQUALITY**

**BALANCE**

**COMMITMENT**

**SUPPORT**

**DISRESPECT**

**CONFUSION**

**PAIN**

**HURT**

**EMBARASSMENT**

**UNSAFE**

**LONLINESS**

**REGRET**

**FEAR**

**ACCEPTANCE**

**ANGER**

**FRUSTRATION**

**UNDERSTANDING**

**DRAMA**

**LIES**

**UNHAPPINESS**

**BLACKMAIL**

**LISTENING**

**GIVING**

**COMPROMISE**

**FAIR**

**CONTROL**

**JEALOUSY**

**CARELESSNESS**

**LOW SELF-ESTEEM**

**RESPONSIBILITY**